

Hearing Health Test

Choose your answers, then use the score card below to see how healthy your hearing is!

Do you find it difficult to follow a conversation in a noisy restaurant or crowded room?

Yes No Sometimes

Do you sometimes feel that people are mumbling or not speaking clearly?

Yes No Sometimes

Do you experience difficulty following dialog in the theater?

Yes No Sometimes

Do you sometimes find it difficult to understand a speaker at a public meeting?

Yes No Sometimes

Do you find yourself asking people to speak up or repeat themselves?

Yes No Sometimes

Do you find men's voices easier to understand than women's?

Yes No Sometimes

Do you experience difficulty understanding soft or whispered speech?

Yes No Sometimes

Do you sometimes have difficulty understanding speech on the telephone?

Yes No Sometimes

Does a hearing problem cause you to feel embarrassed when meeting new people?

Yes No Sometimes

Do you feel handicapped by a hearing problem?

Yes No Sometimes

Does a hearing problem cause you to visit friends and relatives less often than you would like?

Yes No Sometimes

Do you experience ringing or noises in your ears?

Yes No Sometimes

Do you hear better with one ear than the other?

Yes No Sometimes

Have you had any significant noise exposure during work, recreation or military service?

Yes No Sometimes

Have any of your relatives (by birth) had a hearing loss?

Yes No Sometimes

Yes = 2 Points

Sometimes = 1 Point

No = 0 Points

A score of 3 or more may mean that you have a hearing problem and should see your doctor for a screening. Scores of 6 or more strongly suggest that a hearing check is warranted.

Visit <http://www.audiology.org> for more information on your hearing health.

